

IN COLLABORATION WITH



**DaiR**  
Diabetes & Ramadan  
International Alliance



**VIRTUAL**  
**DAR**  
INTERNATIONAL ALLIANCE  
CONFERENCE 2023

**SCIENTIFIC AGENDA**

20 - 21 JAN (GMT+3)  
MAKKAH, KSA

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**20 JANUARY**  
MAKKAH, KSA



15:00 - 15:15 **Opening** Mohamed Hassanein & Peter Schwarz

15:15 - 16:45 **Session 1: DAR 2022 survey: Global and Regional Data**  
**Moderators:** Jamal Belkhadir (Morocco), Peter Schwarz (Germany) & Inass Shaltout (Egypt)

- 15 min **2022 Survey in general** Mohammed Hassanein (Egypt/UAE)
- 15 min **Hypos in Ramadan; Who, When and What to do?** Abdul Jabbar (Pakistan/UAE)
- 15 min **A better understanding for Non fasting group** Bachar Afandi (Syria/UAE)
- 15 min **T1D DAR Global Survey** M Akif Buyukbese (Turkey)
- 15 min **HCP Perspectives in French Speaking Africa** Hinde Iraqi (Morocco)
- 15 min **Panel discussion**

16.45-18:00 **Session 2: Risk Calculation**  
**Moderators:** Ahmed Hassoun (Iraq/UAE), Bachar Afandi (Syria/UAE) & V Mohan (India)

- 15 min **Algeria study** Rachid Malek (Algeria)
- 15 min **Clinical Validity of new risk scoring system - Pakistan Data** Yakoob Ahmadani (Pakistan)
- 15 min **Applicability of new guidelines in India** Shehla Sheikh (India)
- 15 min **Abu Dhabi Data for risk scoring** Latifa Alketbi (UAE)
- 15 min **Summary on risk progression in guidelines** Mohamed Suliman (Sudan/UAE)
- 15 min **Panel discussion**



Management of hypoglycemia during Ramadan using new Basal Insulin Therapies

**By: Mohammed Hassanein (Egypt/UAE)**

18:00-18:30



18:30-19:45 **Session 3: High Risk Group part 1**

**Moderators:**

Bashir Tarazi (Palestine), Khaled Tayeb (Saudi Arabia) & Nizar Albache (Syria/France)

15 min **Fasting practices in people with CKD & DM**

Tahseen Chowdhry (UK)

15 min **Fasting and renal function in diabetics and non-diabetics**

Alaa Albashir (Sudan/UAE)

15 min **Fasting practices in people with CVD & DM**

Ines Khochtali (Tunisia)

15 min **Can people with diabetic foot ulcers safely fast during Ramadan?**

Samih Odhaib (Iraq)

15 min **Management of painful Neuropathy in Ramadan**

Rayaz Malek (UK/Qatar)

15 min **Panel discussion**

Vascepa®: a practice-changing medication in cardiovascular risk reduction

By: Osama Barakat



19:45 - 20:10

20:10 - 20:30 **Session 4: State of the art Lectures**

**Moderator:**

Walid El-Dahi (Kuwait)

20 min **Intermittent fasting & Ramadan fasting; similarities and differences**

Osama Hamdy (USA)

20:30– 20:45

**Summary for Day 1**



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MAKKAH, KSA



12:00 – 13:15 **Session 5: T1DM**

**Moderators:**

Abdelrazzaq Madani (UAE), Gaman Ahmed (Kenya)  
 & Magdy Megalla (Egypt)

- 15 min **Fasting Ramadan in adults with T1D; Are they all high risk?** Naweed Alzaman (Saudi Arabia)
- 15 min **Fasting Ramadan in adolescents with T1D in Ramadan** Asma Deeb ((Libya/UAE)
- 15 min **How can Insulin pump use in Ramadan minimize the risk of fasting?** Nancy Elbarbary (Egypt)
- 15 min **Virtual Technology and T1D in Ramadan** Hawazin Zarif (Saudi Arabia)
- 15 min **Panel discussion**



Mounjaro and its early use in patients with type 2 diabetes  
**By: Tatjana Isailovic, UAE**

13:15 – 13:45

13:45 – 14:45 **Session 6: Therapy in T2D - Whats New?**

**Moderators:**

Tariq Elhadd (Sudan/Qatar), Wasim Hanif (UK)  
 Yousif Saleh (Saudi Arabia)

- 15 min **Insulin management in Ramadan** Khadija Hafidh (Tanzania/UAE)
- 15 min **SGLT2-I in Ramadan** Elamin Abdelqadir (Sudan/UAE)
- 15 min **SU + SGLT2I in Ramadan** Abbas Reza (Pakistan)
- 15 min **Injectable and oral GLP1-RA in Ramadan** Hamed Farooqi (Pakistan/UAE)
- 15 min **Panel discussion**



**Merck Seronon**  
**By: ELAMIN ABDELGADIR**

14:45 – 15:00



SGLT2i safety guidance during Ramdan  
**By: Mohammed Hassanein (Egypt/UAE)**

15:00 – 15:20



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15:20 – 16:35 **Session 7: Fasting and the person with diabetes**

**Moderators:**

Jumaa Alkkaby (UAE), Tamer Elsherbiny (Egypt) & Dalal Al-Roumaihiy (Bahrain)

15 min **Exercise and sleep in Ramadan**

Ebaa Alozairi (Kuwait)

15 min **Driving and Diabetes in Ramadan**

Mohamed Hassanein (Egypt/UAE)

15 min **Thyroxine Replacement in Ramadan; New studies**

Reem Alamoudy (Saudi Arabia)

15 min **Thyroxine Replacement in Ramadan Patients and Physician Perception**

Salem Beshya (Libya/UAE)

15 min **Panel discussion**

16:35 – 16:55



T2D Patient-centric Practicalities with Oral Semaglutide in Ramadan  
**By: Abdul Jabbar, UAE**

16:55 – 16:10



OneTouch Verio Reflect® meter, Simple to Use Provides Guidance  
**By: Jala Nafach, UAE**

16:10 – 17:25 **Session 8: Education & Technology**

**Moderators:**

Salah Abusnana (UAE) Hormoz Kaykhanzadeh (Iran) & Michelle Abi Saad (Lebanon)

15 min **SMBG in Ramadan**

Nazeer Mohamed

15 min **CGM in Ramadan**

Nader Lessan (Iran/UAE)

15 min **Technology and Education**

Salma Mahar (UK)

15 min **Ramadan Nutrition Plan**

Nisak Barakatun (Malaysia)

15 min **Panel discussion**